

SUMMARY

The purpose of my work was to have a deeper look at human connectedness with nature to understand the positive aspect of our relationship. The creative part consists of five photos that show my reflection on the human body and nature.

In the first chapter, I talked about the impact nature has on humans, how it improves our health and how we are similar to plants and trees. I started by explaining the concept of nature and how our attitude towards nature has changed through the years. The main focus was on the topic of human connection with nature. To sense better how it is understood, I read professional literature, articles, and books about people's personal experiences with the surrounding environment. I learned about the impact of nature in today's society, how going to the forest has a calming effect and feels like a break from reality. For me, it was most fascinating to talk about our similarities with plants and trees, how they have senses just like humans.

The second part focused on three artists and photographers, who use the relationship between nature and the human body in their artworks - Arno Rafael Minkkinen, Ananké Asseff, and Ana Mendieta. Their reasoning for creating art about this topic is unique, but they all had an impact on my creative process.

In the third part, I write about my intimate experiences with nature and connecting with it, profoundly focusing on the process - the technical side of creating and the reasoning behind the final photos.

The photo series discovers my vision of human and nature connection. The human body in the photos belongs to me, as I needed to experience the creative process all by myself. It gave me freedom and opportunity to develop a meaningful relationship with my surroundings. I want to continue discovering this topic through photography and art, as it reminds me that earth and humanity are crucially interconnected.