

“Self-Portrait in visual narrative “Justitia””

Self-portrait has been a medium that I have used often throughout my studies in art school. It has had a therapeutic and expressive effect on me as I have felt that writing has never been my forte.

This narrative was inspired by the word “justice” by the fact that I have battled for years to be fair and just to myself. This journey has been going on for years and included many highs and lows. My goal was to express a part of this journey in a visual narrative.

This thesis consists of practical and theoretical parts. The practical part includes 8 pictures that form a storyline starting from feeling “not good enough” and battling the inner voices. It carries on to finding an acceptance of a person’s own shadow sides and resisting constant criticism.

The theoretical part consists of 5 paragraphs, starting from historical side of “justice”. The concept of balance, justice and harmony has been around for thousands of years. I introduce how these principles were followed and observed in Ancient Egypt and in Ancient Greece and how it affected Roman culture.

Later, I study the classical psychoanalytical theories by Freud and Jung to describe the complicated processes of the human mind. I concentrate on the conscious and the subconscious as these are the main ideologies that these 2 characters represent in my photographic narrative.

This process has taught me a lot and given me valuable experiences that I intend to use in my future projects. Self-portrait will carry on being one of my used mediums and through this process I hope to develop it even further.